

## Kansas Pre-K-12 Wellness Policy Guidelines – Part 4. Tobacco Use Prevention

| <b>A. Tobacco Use Policy</b>   |   | <b>EL</b> | <b>MS</b> | <b>HS</b> |
|--|---|-----------|-----------|-----------|
| Circle the letter that best describes the tobacco use policy for each grade level. |   |           |           |           |
| <b>1</b>   | The tobacco policy prohibits use of tobacco:  |           |           |           |
|  | a. in any school building and any school bus  | B         | B         | B         |
|  | b. on all school grounds and school owned property 24 hours a day by any student, staff or visitor and includes an enforcement component. Also included in the policy are provisions to prohibit tobacco advertising in school buildings, at school functions and school publications.  | A         | A         | A         |
|  | c. on all school grounds and school owned property 24 hours a day by any student, staff or visitor and includes an enforcement component. Also included in the policy are provisions to prohibit tobacco advertising in school buildings, at school functions and in school publications. Cessation program offered for anyone in violation of the policy. Prohibit tobacco industry marketing and sponsorship, and also prohibit exhibition of tobacco-related gear or paraphernalia. Policies should have language prohibiting tobacco advertising on school property, at school functions and in school publications. Policies should also include language prohibiting school acceptance of gifts or funds from the tobacco industry. | E         | E         | E         |

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| <b>B. Instruction</b>  |   | <b>EL</b> | <b>MS</b> | <b>HS</b> |
|--|---|-----------|-----------|-----------|
| Circle the letter that best describes the instruction provided for each grade level. |   |           |           |           |
| 1  | The curriculum includes:  |           |           |           |
|  | a. National Health Education Standards  | B         | B         | B         |
|  | b. Attendance at IMPACT &/or TASK STAR Rally. Integration of tobacco control messages in student clubs.           | A         | A         | A         |
|  | c. Lifeskills or Project T.N.T. Curriculum and addresses tobacco free venues for youth activity in the community. | E         | E         | E         |

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|  | EL                       | MS | HS |
|--|--------------------------|----|----|
| <b>C. Provide tobacco-use prevention education in kindergarten through 12<sup>th</sup> grade; this instruction should be especially intensive in junior high or middle school and should be reinforced in high school.</b> |                          |    |    |
| Circle the letter that best describes the prevention education provided for each grade level.  |                          |    |    |
| 1  | The curriculum includes: |    |    |
|  | B                        | B  | B  |
| a. National Health Education Standards   | A                        | A  | A  |
| b. Attendance at IMPACT &/or TASK STAR Rally. Integration of tobacco control messages in student clubs.  | E                        | E  | E  |
| c. Lifeskills or Project T.N.T. Curriculum and addresses tobacco free venues for youth activity in the community.  |                          |    |    |

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| <b>D. Provide program-specific training for teachers.</b>                                  |   | <b>EL</b> | <b>MS</b> | <b>HS</b> |
|--|---|-----------|-----------|-----------|
| Circle the letter that best describes the program-specific training provided for teachers. |   |           |           |           |
| 1  | Provide yearly in-service trainings that include review of curriculum, modeling instructional activities, and providing opportunities to practice implementing the lessons. | B         | B         | B         |
| 2  | Encourage participation in State and local topic specific trainings for staff   | A         | A         | A         |
| 3  | Lifeskills Training Curriculum facilitation training on site for teachers   | E         | E         | E         |

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| <b>E. Involve parents or families in support of school-based programs to prevent tobacco use.</b>     |   | <b>EL</b> | <b>MS</b> | <b>HS</b> |
|---|---|-----------|-----------|-----------|
| Circle the letter that best describes the involvement of parents or family in tobacco use prevention. |   |           |           |           |
| 1   | Newsletters and promotion of discussions at home about tobacco use by assigning homework and projects that involve families.  | B         | B         | B         |
| 2   | Presentations to PTA & PTO to encourage parents and students to participate in school and community efforts, specifically policy change, to prevent tobacco use and to advocate for comprehensive tobacco-free school grounds policy. | A         | A         | A         |
| 3   | Utilize CDC's "Got a Minute" program for parents  | E         | E         | E         |

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| <b>F. Support cessation efforts among students and all school staff who use tobacco.</b> |   | <b>EL</b> | <b>MS</b> | <b>HS</b> |
|--|---|-----------|-----------|-----------|
| Circle the letter that best describes cessation efforts.                                 |   |           |           |           |
| 1.   | Advertise Kansas Tobacco Quitline, 1.866.526.7867   | B         | B         | B         |
| 2.   | Cessation class participation instead of suspension for those students who violate the policy | A         | A         | A         |
| 3.   | Insurance coverage for staff on tobacco related issues  | E         | E         | E         |
| 4.   | Cessation classes for staff & students on site  | E         | E         | E         |

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| <b>G. Assess the tobacco-use prevention program at regular intervals</b>        |  | <b>EL</b> | <b>MS</b> | <b>HS</b> |
|---|--|-----------|-----------|-----------|
| Circle the letter that best describes the assessment of tobacco-use prevention. |  |           |           |           |
| 1.  | Pre & Post Tests and utilize CDC's <i>Guidelines for School Health Programs to Prevent Tobacco Use and Addiction</i>                       | B         | B         | B         |
| 2.  | Complete and/or review the School Health Index on biannual to identify progress made on previous priorities and plan additional strategies | A         | A         | A         |
| 3.  | Complete the Youth Tobacco Survey or Youth Risk Behavior Survey  | E         | E         | E         |

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