

KANSAS 2008

School Health Profile Results

Chronic Disease Prevention Fact Sheet

Physical Education (PE) and Physical Activity Percent for schools with students in grades 9-12

Among schools that require physical education, percent of schools in which students cannot be exempted from taking required physical education for one grading period or longer	83
Percent of schools that taught 12 physical activity topics in a required course	48
Percent of schools that taught about developing an individualized physical activity plan in a required course	71
Percent of schools in which the lead health education teacher received staff development during the past 2 years on physical activity and fitness	64
Percent of schools in which any physical education teachers or specialists at the school received professional development on physical education during the past 2 years	92
Percent of schools in which all staff who teach physical education are certified, licensed, or endorsed by the state in physical education	97
Percent of schools that offer opportunities for all students to participate in intramural activities or physical activity clubs	43

Nutrition

Percent of schools that almost always or always offer fruits or non-fried vegetables when foods or beverages are offered at school celebrations	20
Percent of schools in which students can purchase fruits or vegetables from vending machines or at a school store, canteen, or snack bar	29
Percent of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in all locations	34
Percent of schools that taught 14 nutrition and dietary behavior topics in a required course	61

Nutrition Continued	Percent for schools with students in grades 9-12
Percent of schools in which the lead health education teacher received professional development during the past 2 years on nutrition and dietary behavior	44
Tobacco-Use Prevention	
Percent of schools that prohibit all tobacco use at all times in all locations	24
Percent of schools that post signs marking a tobacco-free school zone	72
Percent of schools that provide tobacco cessation services for students, faculty, and staff	5
Percent of schools that taught 15 tobacco-use prevention topics in a required course	41
Percent of schools in which the lead health education teacher received professional development during the past 2 years on tobacco-use prevention	38