

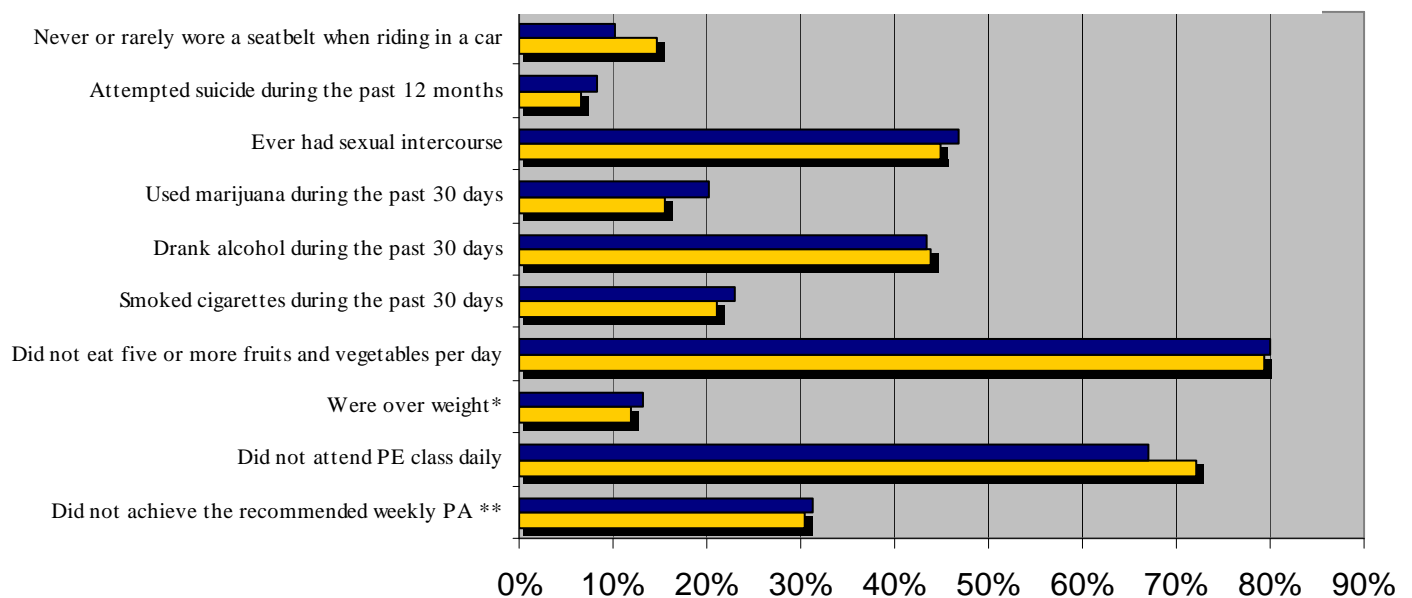
The 2005 Kansas Youth Risk Behavior Survey



The Youth Risk Behavior Survey (YRBS) is part of a biennial national effort led by the Centers for Disease Control and Prevention (CDC). The YRBS monitors health risks and behaviors in six categories, which are related to the leading causes of mortality and morbidity among both youth and adults. Data is collected on behaviors that contribute to physical activity, nutrition, tobacco use, alcohol & other drug use, violence & injuries and sexual behaviors.

During the spring of 2005, the Kansas State Department of Education and the Kansas Department of Health and Environment conducted the YRBS in 41 Kansas high schools. Weighted data was obtained from 31,862 students in grades 9 through 12. The survey participants included 16,307 males and 15,555 females. The survey results provide useful data that can be used to make important inferences about 9 through 12 grade students statewide due to the research based method of random selection used to gather the data. An overview of results can be found below. Additional data from the 2005 Kansas YRBS can be found on the Kansas Coordinated School Health website at www.kshealthykids.org

2005 National & Kansas YRBS Overview



National results are represented in blue and Kansas is represented in yellow.

* At or above the 95th percentile for body mass index, (BMI) by age and sex. The BMI is calculated based on self reported weight and height data.

** Recommended levels of physical activity: at least 20 minutes of vigorous physical activity on three or one of the past seven days or at least 30 minutes of moderate physical activity on five or more of the past seven days.