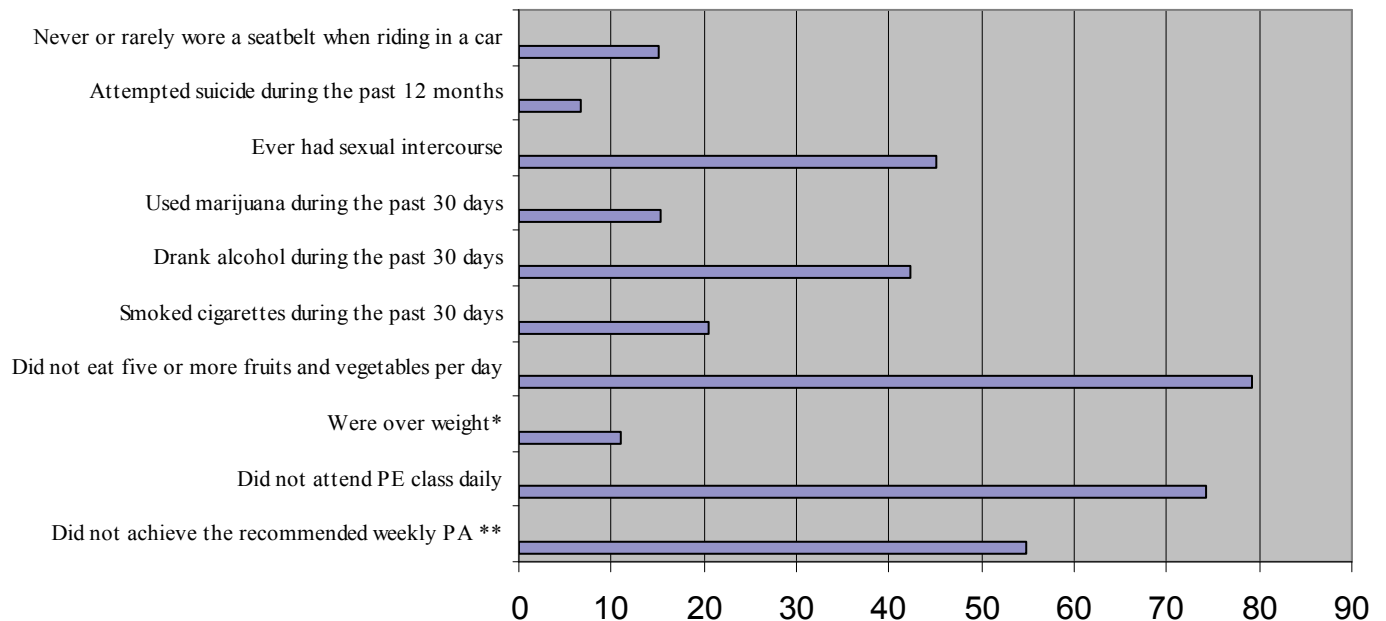


The 2007 Kansas Youth Risk Behavior Survey



The Youth Risk Behavior Survey (YRBS) is part of a biennial national effort led by the Centers for Disease Control and Prevention (CDC). The YRBS monitors health risks and behaviors in six categories, which are related to the leading causes of mortality and morbidity among both youth and adults. Data is collected on behaviors that contribute to physical activity, nutrition, tobacco use, alcohol and other drug use, violence and injuries and sexual behaviors.

During the spring of 2007, the Kansas State Department of Education and the Kansas Department of Health and Environment conducted the YRBS in 49 Kansas high schools. Weighted data was obtained from 1,733 students in grades 9 through 12. The survey results provide useful data that can be used to make important inferences about 9 through 12 grade students statewide due to the research based method of random selection used to gather the data. Additional data on the 2007 Kansas YRBS can be found on the Kansas Coordinated School Health website at www.kshealthykids.org.



* At or above the 95th percentile for body mass index, (BMI) by age and sex. The BMI is calculated based on self reported weight and height data.

** Recommended levels of physical activity: at least 20 minutes of vigorous physical activity on three or ore of the past seven days or at least 30 minutes of moderate