

We want you to become part of “Active Schools: Let's Move Kansas!” Through the generous funding of the Kansas Health Foundation, we have the opportunity to continue training Kansas Physical Educators to become Physical Activity Leaders (PAL’s) with a focus on increasing physical activity of Kansas students. To date, over 380 Kansas physical educators have been through this training and we hope you will also take advantage of this wonderful opportunity. Space is limited so make sure you don’t miss this wonderful opportunity!

“Active Schools: Let's Move Kansas!” reinforces the importance of physical educators to the academic mission of schools through their expertise on physical activity. ASLMK emphasizes the Comprehensive School Physical Activity Program (CSPAP) model. Training participants are asked to submit pre-registration materials, participate in an interactive 6-hour workshop, and utilize materials and information from the training to implement at least one CSPAP component during the coming school year (physical activity during school, physical activity before and after school, staff involvement and family and community involvement).

Your benefits for being part of ASLMK include training on how to advocate for physical activity (PA), new ideas for PA events for students, staff, and families, strategies for coordinating PA opportunities throughout the school day, and unique ideas for existing physical education programs.

Incentives for participating in ASLMK include:

- \$50 stipend to be used at discretion of PAL – targeted for professional development
- Reimbursement for registration fee to attend 2018 KAHPERD Convention
- Reimbursement for a one-year KAHPERD membership
- Approximately \$300 in Physical Activity training materials
- Hotel (one night, limit \$125) for those traveling to training over 100 miles one way
- Mileage reimbursement for travel to training
- PAL training at no cost, including lunch

The trainings will be held July 31 in Pratt and August 2 in Emporia. You should plan to attend the training closest to where you live. The accompanying agreement is to be returned no later than May 4, 2018. Please note you need the support of your building administrator. The form can be returned electronically to Rhonda Holt at kansaslmis@gmail.com or mailed to 511 N. Forestview Ct., Wichita, KS. 67235

We are confident that with the right people involved, “Active Schools: Let's Move Kansas!” will have a positive impact across the state. Space is limited so we encourage you to act on this quickly!!

We hope you will accept this invitation to join us this summer and become a part of ASLMK!

Rhonda Holt, ASLMK Project Director